



2017 Policies

IMPORTANT LESSON INFORMATION!!! PLEASE PRINT A COPY, READ AND INITIAL EACH ITEM. SIGN AND SUBMIT TO ME ON OR BEFORE YOUR CHILD'S FIRST LESSON. THANK YOU!

Student(s)Name(s)_____

_____ 1. SCHEDULED TIME-Please arrive 5-10 minutes before your scheduled lesson time and have your child dressed and ready for lessons so we may begin on time. You may change them when you get here just allow time for changing.

_____ 2. ATTENDANCE-Consistency is crucial when learning survival swimming skills. Bringing your child to every lesson will increase the rate of progress and retention of skills. Missing multiple lessons may result in adding weeks to the lesson set. That being understood, I certainly understand the need to miss a lesson due to illness or unforeseen circumstances. Please call or text me if you anticipate missing a lesson.

_____ 3. PAYMENT-ISR lesson fees are \$110 per child per week. Payment is due on the Friday prior to the next week's lessons and may be made with cash, check (made payable to Sarasota Swim Kids) or via paypal on the sarasotaswimkids.com website. Unfortunately, lesson fees cannot be prorated, as you are paying for a weekly time-slot whether or not your child comes to lessons. Instructor cancellations due to illness, inclement weather or an emergency are credited back to you. The registration fee is paid directly to ISR.

_____ 4. ILLNESS-If your child has a runny/stuffy nose or a temperature under 100° it is usually safe for them to swim. Of course, this is always at the parent's discretion. If your child has a temperature above 100° or has had vomiting or diarrhea in the past 24 hours it is ISR's policy to not have the child swim. They may swim again once the fever, diarrhea and/or vomiting has been resolved for 24 hours. If your child must miss a lesson unexpectedly, please contact me by phone or email. If they have visited the doctor for anything other than a well visit please contact me as "Medical Lesson Update" MUST be completed prior to returning to lessons.

_____5. EXTENDED ILLNESS-If your child is ill and misses 3 or more consecutive lessons you MUST complete a "Medical Lesson Update" at the ISR registration website. You will use the URL link I gave to you when you initially registered for lessons. There is no fee involved, however it is the policy of the ISR Registration Evaluation Team to review all illnesses lasting 3 days or longer. You will need to describe the nature of the illness, what medications (if any) were prescribed and your Pediatrician's comments.

_____6. VACATIONS-If you need special arrangements or have a planned vacation please discuss this with me before scheduling lessons.

_____7. BUDS-BUDS stands for bowel, urine, diet, and sleep. This information is essential to ensure the safest possible lesson for your child. This information could alert me to potential problems that may interfere with lessons. All children 36 months and younger must have Full BUDS completed daily. The BUDS form will be reviewed prior to each day's lesson. In addition to the Full BUDS that you will keep, a Poolside BUDS will need to be completed daily as well. Please discuss any unusual issues and/or concerns with me prior to the lesson. Your child's wellbeing and safety are my number one priority. All BUDS forms are available at sarasotawimkids.com under the downloadable forms tab.

_____8. ATTIRE-Children that are not potty trained must wear a cloth swim diaper. After lots of experience with this situation I am requiring cloth instead of disposable. The disposable diapers are not as "reliable" as the cloth and we've had situations that have required major pool chemical intervention and cancellation of lessons. You will receive a coupon code when you register for a free swim diaper at the ISR Seal Store. The code will be on your registration letter from ISR. You can also purchase them from me (\$15), target or babies-r-us.

_____9. Video/Photography-You may take photographs at any time. ISR has videotaping protocols. "Videotaping will only be permitted on Fridays and only at the Instructor's discretion." Please inform me that you would like to videotape before you begin filming. Unauthorized video uploaded to the Internet can be detrimental to the ISR program as well as your child's Instructor because it may be interpreted out of context. I may take photos and videos myself underwater and above the water to review for learning purposes and I am happy to share these with you.

_____10. TOWELS-ISR requires 3 towels per child, everyday: The 1st towel is a "germ buffer" on the pool deck, the child is placed on the 2nd towel once they are done and the 3rd is to cover them up. Your Instructor will place your child on his/her left side to allow for air release and proper rest at the conclusion of each lesson. If they will, please have your child lie quietly for at least one minute.

_____11. PARENT RESOURCE BOOK (PRB)-You will receive a PRB from ISR when your registration is complete. Please read this book in its entirety prior to the beginning of

lessons. The PRB will answer most of your questions and educate you about the approach used to teach aquatic survival skills.

_____12. DIET- It is IMPERATIVE that your child have nothing (NOTHING!) to eat or drink for 1 $\frac{1}{2}$ - 2 hours prior to lessons. We will be unable to have lessons if the child has had ANYTHING by mouth within that time frame. NO APPLES OR APPLE PRODUCTS should be given to the child throughout the entire course of lessons. These may cause excess gas buildup in the stomach and intestine making swimming, floating and/or rolling over difficult for the child. Please refer to Chapter 2 in your PRB for more very important dietary guidelines.

_____13. ADVERSE WEATHER-If there is lightning in the area we will not be able to swim. If it is just drizzling light rain, we may be able to swim. It is very important that I have an up to date phone number to reach you in the event that I must cancel your child's lesson. I keep my phone poolside and check it periodically between lessons so you may call or text me if the weather is questionable.

_____14. SIBLING/CHILD SUPERVISION-Please keep all children that are not having a lesson seated quietly next to you. Please do not allow them in or near the water, as this can be distracting to the Instructor and the child in the pool.

_____15. SNACKS - Food is NOT permitted on my pool deck as I have a child with a life-threatening food allergy. Please save all snack for after lessons while in your car.

_____16. PARKING and POOL ENTRANCE - Once you enter the gate to my property follow along the paved road to the driveway. You can park in front of the garage attached to the house or in the circular driveway. Please DO NOT block other parked cars or make it so someone will have to drive on the grass to get around your car. Walk around the left (if you are facing my house) side of the house (side without the swing set) through the black double gate and to the pool.

_____17. RESTROOM - Please make sure you and your child use the restroom at your home before coming to lessons. My home restroom should only be used in case of emergencies. Going potty at Ms. Karlie's quickly becomes a habit and should not be reinforced.

CONSENT-I understand that while my child/children are in the water with Karlie Eggebrecht during swim lessons, Karlie Eggebrecht shall be responsible therefore, and that at all times that any child is not in the water, I or my designated agent shall be totally responsible for their safety and well being. I completely and totally release Karlie Eggebrecht from any potential liability for any personal injuries suffered by any child I or my designated agent brings to 6816 Hawkins Rd, Sarasota, FL 34241.

